Connections with K-12 Schools
Counseling MA and Counseling Psychology PhD programs
Northern Lights Behavioral Health Center

• The first step was establishing a behavioral health center that provides services to the university and greater community on a sliding scale basis
• Supported through a HRSA GPE grant and departmental funds
Services Provided

- In-office counseling for individual, couples, and families
- Tele-counseling with secure and private on-line technology for individuals and couples
- Assessments and evaluations
- Child and adolescent services
- Psychological consultation services to school personnel, primary care providers and other professionals in North Dakota
Clinical Staff

- Graduate students pursuing Master's degrees in Counseling Psychology emphasizing Clinical Mental Health Counseling, Addictions Counseling, or Rehabilitation Counseling
- Doctoral students in Counseling Psychology (Ph.D.)
- All doctoral and masters level clinicians are supervised by licensed psychologists who are faculty in the Department of Counseling Psychology and Community Services
Access for All Scholarship

• Established by the Gaukler Family Foundation

• Purpose of the Scholarship
  – to make counseling services available to all Grand Forks Public School (GFPS) students and their families, regardless of ability to pay

• Funds off-set the cost of services
  – With the funds provided, sessions can be as little as $1-$2 per session
  – Funds can be awarded to supplement costs for up to 10 sessions before another request would need to be submitted for additional payments
Process

• Scholarship applications are submitted by a school counselor or social work on behalf of the student and family

• After the application is approved, the school counselor/social worker will be notified and should call Northern Lights to make a referral

• Appointments can then be scheduled by the student’s family directly with Northern Lights Behavioral Health Center.
Other K-12 Connections

• School Counseling online MA program
  – focus on increasing the number of qualified school counselors in rural/underserved areas
  – Kathleen Tillman, Ph.D., coordinator

• Education & Outreach Program via EPSCoR grant
  – Focus on improving STEM learning opportunities in rural K-12 schools
  – Cindy Juntunen, Ph.D. and Ashley Hutchison, Ph.D.

• Friendships that Work
  – a program through Safer Tomorrows Grand Forks, which represents several community organizations, and the school district that aims to teach children about healthy relationships
  – Kara Wettersten, Ph.D., curriculum developer and trainer