

Connections with K-12 Schools

Counseling MA and Counseling Psychology PhD
programs



Northern Lights Behavioral Health Center

- The first step was establishing a behavioral health center that provides services to the university and greater community on a sliding scale basis
- Supported through a HRSA GPE grant and departmental funds



Services Provided

- In-office counseling for individual, couples, and families
- Tele-counseling with secure and private on-line technology for individuals and couples
- Assessments and evaluations
- Child and adolescent services
- Psychological consultation services to school personnel, primary care providers and other professionals in North Dakota

Clinical Staff

- Graduate students pursuing Master's degrees in Counseling Psychology emphasizing Clinical Mental Health Counseling, Addictions Counseling, or Rehabilitation Counseling
- Doctoral students in Counseling Psychology (Ph.D.)
- All doctoral and masters level clinicians are supervised by licensed psychologists who are faculty in the Department of Counseling Psychology and Community Services

Access for All Scholarship

- Established by the Gaukler Family Foundation
- Purpose of the Scholarship
 - to make counseling services available to all Grand Forks Public School (GFPS) students and their families, regardless of ability to pay
- Funds off-set the cost of services
 - With the funds provided, sessions can be as little as \$1-\$2 per session
 - Funds can be awarded to supplement costs for up to 10 sessions before another request would need to be submitted for additional payments

Process

- Scholarship applications are submitted by a school counselor or social worker on behalf of the student and family
- After the application is approved, the school counselor /social worker will be notified and should call Northern Lights to make a referral
- Appointments can then be scheduled by the student's family directly with Northern Lights Behavioral Health Center.

Other K-12 Connections

- School Counseling online MA program
 - focus on increasing the number of qualified school counselors in rural/underserved areas
 - Kathleen Tillman, Ph.D., coordinator
- Education & Outreach Program via EPSCoR grant
 - Focus on improving STEM learning opportunities in rural K-12 schools
 - Cindy Juntunen, Ph.D. and Ashley Hutchison, Ph.D.
- Friendships that Work
 - a program through Safer Tomorrows Grand Forks, which represents several community organizations, and the school district that aims to teach children about healthy relationships
 - Kara Wettersten, Ph.D., curriculum developer and trainer